



Human Rights Day 21 March 2024

The month of March is a heightened period in South Africa to mark Human Rights Month, commemorated under the theme, "Three Decades of Respect for and Promotion of Human Rights".

When South Africa held its first democratic election, with Nelson Mandela elected as its first democratic President, 21 March, Human Rights Day was officially proclaimed a public holiday.

On Human Rights Day, South Africans are asked to reflect on their rights, to protect their rights and the rights of all people from violation, irrespective of race, gender, religion, sexual orientation, whether they are foreign national or not - human rights apply to everyone, equally.

We must remain vigilant and report abuse and cruelty, such as human trafficking, child labour, forced labour and violence against women, children, and the aged and other vulnerable groupings of people.



Did you know?
The Human Rights Logo combines the silhouette of a hand with that of a bird. It is intended as a peaceful contribution towards strengthening human rights and as such is meant to be used across cultural and language borders.



Let me tell you the story of a little girl named Abby. Although she has not lived a long life yet, she has already experienced life in ways not all adults have. She has endured severe challenges and unforgiving trauma. Yet, when you see her, she radiates happiness and life!

Born in January 2016, Abby was a happy and healthy baby. Around the age of two, we became concerned about her delayed development and started extensive research, which led to an Autism Spectrum Disorder diagnosis in August of 2018.

In 2020 she received an epilepsy diagnosis and started epilepsy treatment. As her parents, we always had a gut instinct that there was something we were missing.

We continued our search for answers and finally in 2021 she was diagnosed with Rett Syndrome. She was 5 years old.

Rett syndrome is a rare genetic neuro-developmental disorder that impacts almost all areas of a child's life. It is mostly seen in girls and is also described as a spectrum disorder, meaning symptoms and traits will manifest to different degrees in different children.

Since her initial autism diagnosis in 2018, Abby has been receiving countless hours of therapy, including ABA, Speech Therapy, Occupational Therapy, Equine Therapy, Music Therapy, Hydrotherapy and Physiotherapy.

Abby bravely faces considerable challenges on a daily basis. She is non-speaking and currently trying to learn how to use a speech device to communicate. The fact that her hand function is also compromised as a result of her syndrome does make it difficult for her to operate the hand held tablet. She has also shown significant regression in her ability to walk and balance confidently, but works hard on maintaining her body's strength.

She has epileptic seizures on a daily basis, which are managed to a

certain extent by seizure medication.

Despite these challenges, Abby is the happiest little human you will ever meet. She has a laugh that will stay etched in your memory for a lifetime and brown eyes to melt a thousand hearts.

As her parents, David and I strive to give her every chance at a happy, healthy and independent life. Our main priorities are to help her communicate and function as best she can in her daily life. And even though this will remain a challenge for the rest of her life, we will be there every step of the way.

In 2023, we joined forces with a fellow parent of a Rett syndrome warrior, to register a Non Profit Organisation to raise funds for the medical and therapeutic expenses of our children, but also to help other families in the same position, while raising awareness on issues of disability. Stay connected with us through our Facebook and Instagram: RootedSA.

Facebook
<https://www.facebook.com/abbysjourneywithrettsyndrome?mibextid=LQQJ4d>
Tiktok
@deebarnes84



Rooted Annual GOLF Day 2024 in aid of Abby and Shelly diagnosed with Rett Syndrome

TUESDAY 28 MAY 2024
REGISTER @ 10 SHOTGUN START @ 11
WINGATE PARK COUNTRY CLUB, PRETORIA

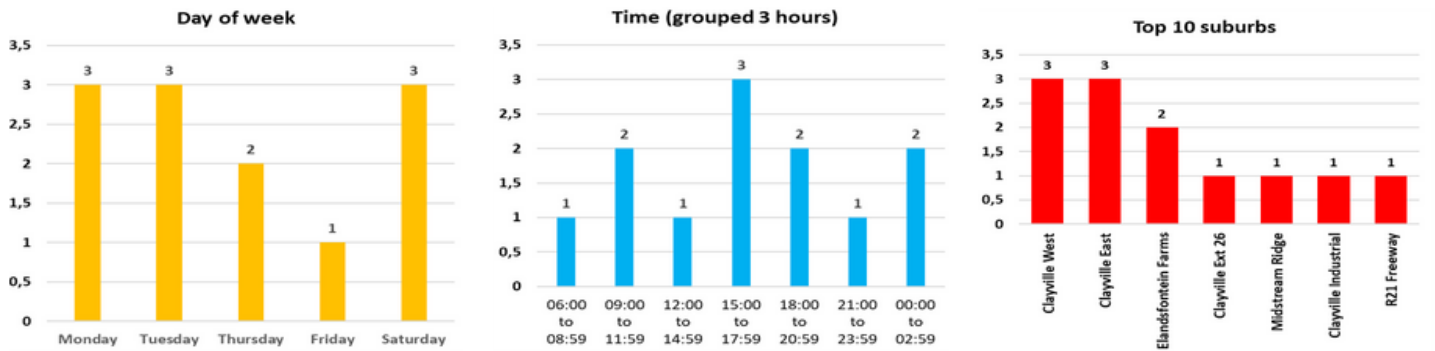
R4800 PER 4 BALL Includes 2 golf carts, greenfees, lunch, prizegiving dinner.

BOOK ONLINE AT
www.rootedsa.co.za/golf-day | thescoop@rootedsa.co.za | 076 707 1838

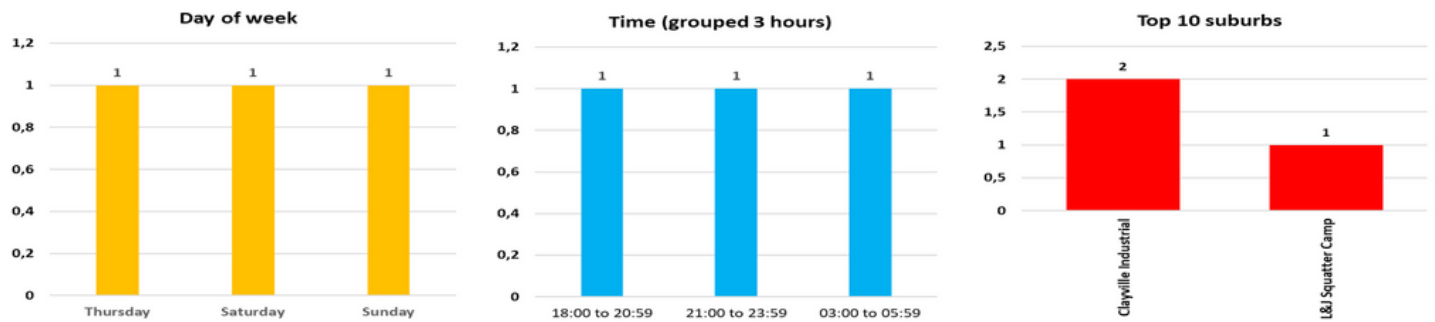


Crime pattern analysis for the greater Olifantsfontein area for the period 2024-02-01 TO 2024-02-29

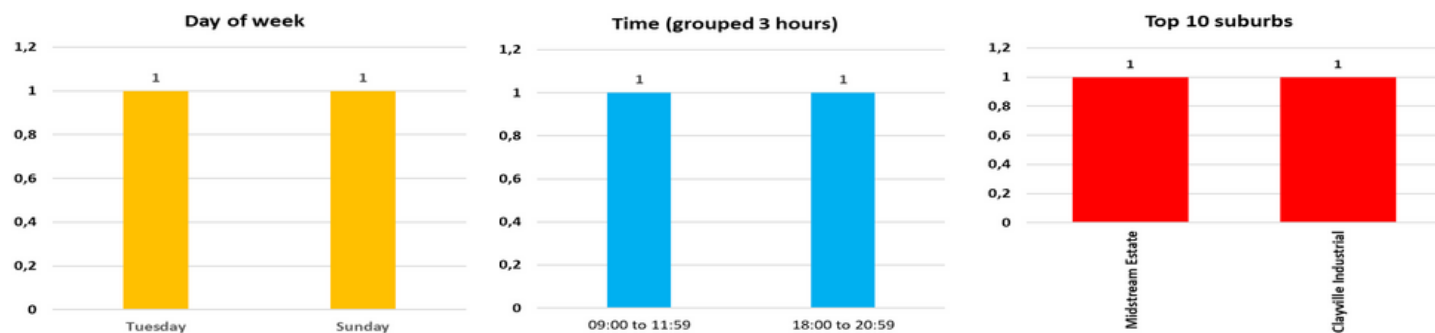
Robbery with a firearm



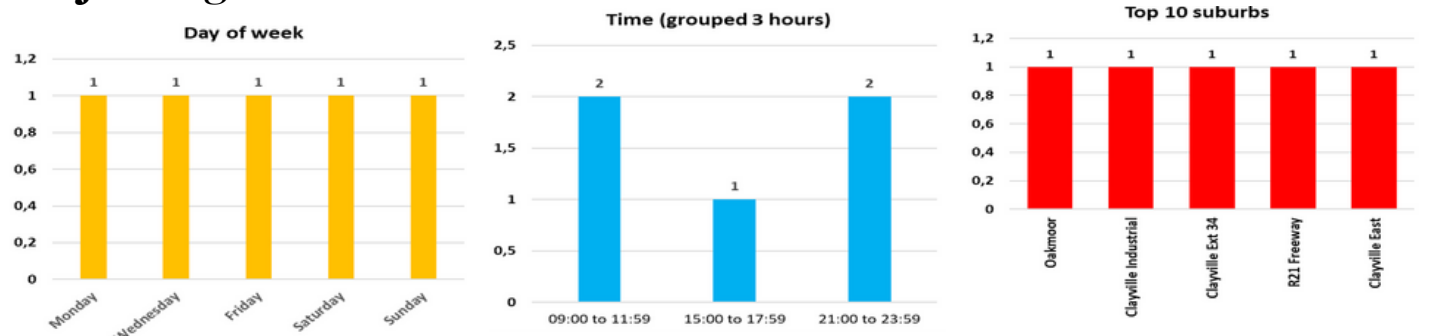
Business Robbery



Theft Of Motor Vehicle

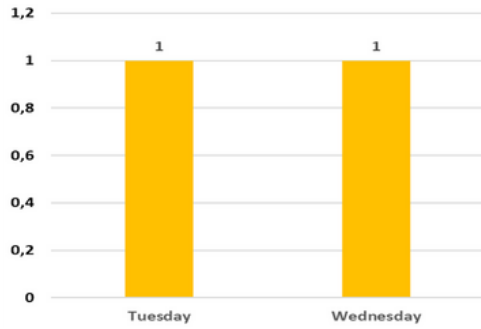


Carjacking

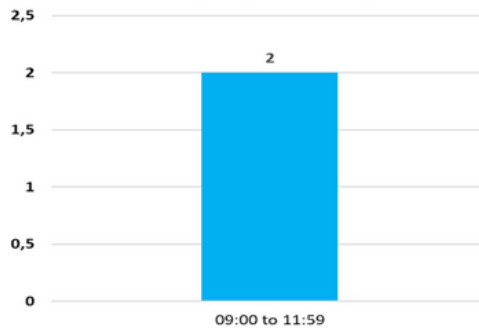


Truck Hijacking

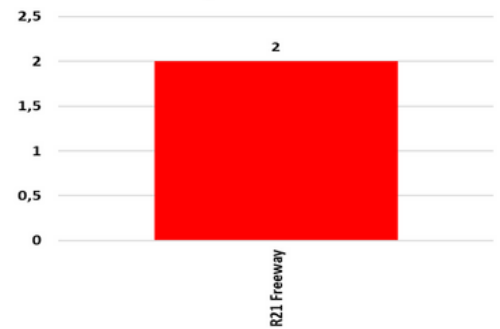
Day of week



Time (grouped 3 hours)

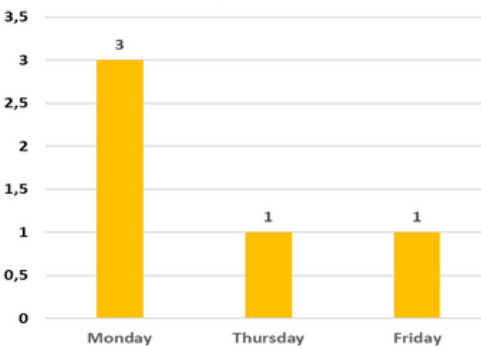


Top 10 suburbs

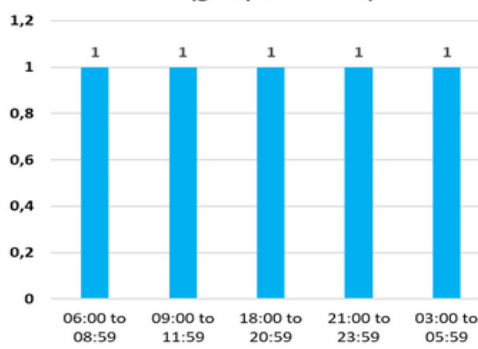


Theft Out Of A Motor Vehicle

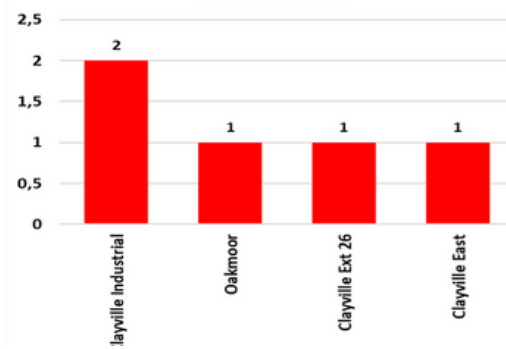
Day of week



Time (grouped 3 hours)

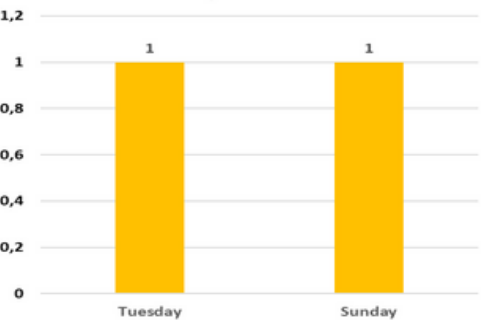


Top 10 suburbs

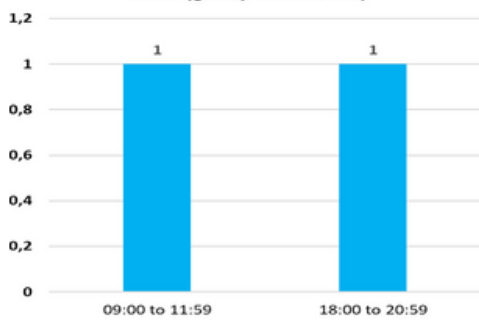


Theft Of Motor Vehicle

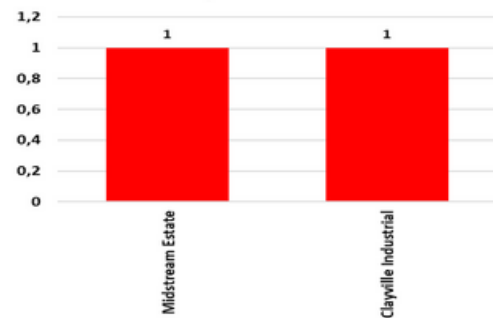
Day of week



Time (grouped 3 hours)



Top 10 suburbs



TIME FOR THE ANNUAL 2024

blanket K.I.D.S Run

HELP US COLLECT BLANKETS FOR KIDS IN DIRE STRAITS. BLANKETS AVAILABLE ONLINE OR AT THE ENTRANCE @ R130 PER BLANKET

VENUE: PRIME VIEW OLIFANTSFONTEIN
ENTRANCE FEE: 1 BLANKET P/P
DATE: 14 APRIL
EVERYONE WELCOME !!!

EST. 2021 PRIME VIEW ADVENTURE & TOURS

EMER-G-MED

MIX 93.8 MY.MUSIC.MYMIX

ROC HARLEY-DAVIDSON

The OBF Contributes towards the cleaning of the Kaalspruit

Considering the pollution in the Hennopsriver and Hartbeespoort Dam, the OBF was approached by FRESH, which is a registered NPO, for assistance in cleaning the waste traps in the Kaalspruit. The Kaalspruit is one of the

major contributors towards the pollution in the Hennopsriver system. The OBF contributed R30 000.00 towards the project.

A-Thermal will be contributing towards the disposal of the waste after the recyclables

have been removed by FRESH.

The project already commenced and will be finalised over a period of 10 days.

It anticipated for this project to be expanded in future in association with the Hennops Revival Project.

